

## Assemblies and Tutor Time Program – KS3 & KS4

2023/2024	Assembly Themes		Tutor Time Activity Themes				
			Year 7	Year 8	Year 9	Year 10	Year 11
Term 1	What does it mean to be part of FCC's community?		Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice
	Week 1	Welcome back / Expectations / Community	Set tasks: • Postcard Launch • FCC Values • Setting Targets • Your Role at FCC • Black History Month • FCC Day Reflection & Requests	Set tasks: • Postcard Launch • FCC Values • Setting Targets • Your Role at FCC • Black History Month • FCC Day Reflection & Requests	Set tasks: • Postcard Launch • FCC Values • Setting Targets • Your Role at FCC • Black History Month • FCC Day Reflection & Requests	Set tasks: • Postcard Launch • FCC Values • Setting Targets • Your Role at FCC • Black History Month • FCC Day Reflection & Requests	Set tasks: • Postcard Launch • FCC Values • Setting Targets • Your Role at FCC • Black History Month • FCC Day Reflection & Requests
	Week 2	Welcome back / Expectations / Community					
	Week 3	Targets					
	Week 4	Rights, Responsibilities & Respect in our community					
	Week 5	Our Community and Diversity (challenging stereotypes)					
	Week 6	Black History Month					
	Week 7	World Mental Health Day					
	Week 8	Celebration					
PERSONAL DEVELOPMENT DAY 1							
Term 2	What impact can individuals have on the world?		Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice
	Week 1	Individuals that have influenced laws	Set tasks: • 9 <sup>th</sup> November • 16 <sup>th</sup> November • 23 <sup>rd</sup> November • Wednesday 13 <sup>th</sup> December = House Competition	Set tasks: • 10 <sup>th</sup> November • 17 <sup>th</sup> November • 24 <sup>th</sup> November • Wednesday 13 <sup>th</sup> December = House Competition	Set tasks: • 9 <sup>th</sup> November • 16 <sup>th</sup> November • 23 <sup>rd</sup> November • Wednesday 13 <sup>th</sup> December = House Competition	Set tasks: • 17 <sup>th</sup> November is Anti-Bullying Task • 13 <sup>th</sup> December = House Competition	Set tasks: • 17 <sup>th</sup> November is Anti-Bullying Task
	Week 2	Remembrance					
	Week 3	Anti-bullying week ('One Kind World' national theme)					
	Week 4	World Children's Day (children having an impact)					
	Week 5	How do we spend our money?					
	Week 6	<b>BUFFER WEEK: TOPIC RELEVANT AT TIME</b>					
	Week 7	Celebration					
PERSONAL DEVELOPMENT DAY 2							
Term 3	How to build and maintain safe, healthy relationships?		Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Study Skills - Tutor's Choice	Ongoing: - Reading Tasks - Study Skills - Tutor's Choice
	Week 1	Risky Relationships & Staying Safe	Set tasks: • 18 <sup>th</sup> Jan – Target Setting • 31 <sup>st</sup> January = House Competition • 8 <sup>th</sup> Feb – Mental Health	Set tasks: • 15 <sup>th</sup> Jan – Target Setting • 31 <sup>st</sup> January = House Competition • 5 <sup>th</sup> Feb – Mental Health	Set tasks: • 18 <sup>th</sup> Jan – Target Setting • 31 <sup>st</sup> January = House Competition • 8 <sup>th</sup> Feb – Mental Health	Set tasks: • 31 <sup>st</sup> January = House Competition • 9 <sup>th</sup> Feb – Mental Health Task	Set tasks: • 8 <sup>th</sup> Feb – Mental Health Task
	Week 2	Communication (making a stand using the right language)					
	Week 3	Holocaust Memorial Day					
	Week 4	LGBTQI+ History Month (5 <sup>th</sup> Feb)					
	Week 5	Celebration (Children's Mental Health Week)					
PERSONAL DEVELOPMENT DAY 3							
Term 4	How can you promote a healthy mind, body and world?		Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Tutor's Choice	Ongoing: - Reading Tasks - Study Skills - Tutor's Choice	Ongoing: - Reading Tasks - Study Skills - Tutor's Choice
	Week 1	Managing your mood	Set tasks: • 29 <sup>th</sup> Feb - Gratitude • 14 <sup>th</sup> March – Comic Relief • 20 <sup>th</sup> March = House Competition • 28 <sup>th</sup> March – Success	Set tasks: • 26 <sup>th</sup> Feb - Gratitude • 11 <sup>th</sup> March – Comic Relief • 20 <sup>th</sup> March = House Competition • 25 <sup>th</sup> March - Success	Set tasks: • 29 <sup>th</sup> Feb - Gratitude • 14 <sup>th</sup> March – Comic Relief • 20 <sup>th</sup> March = House Competition • 28 <sup>th</sup> March - Success	Set tasks: • 20 <sup>th</sup> March = House Competition	Set tasks: N/A
	Week 2	Mental health benefits of physical activity					
	Week 3	Healthy Choices: Food, Vaping, Drugs, Alcohol, Sex					
	Week 4	Our Environment (School, Local, Global)					
	Week 5	<b>BUFFER WEEK: TOPIC RELEVANT AT TIME</b>					
	Week 6	Celebration					

2023/2024	Assembly Themes		Tutor Time Activity Themes				
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Term 5	<b>What issues are there in society?</b>		<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>25<sup>th</sup> April = Earth Day</li> <li>15<sup>th</sup> May = House Competition</li> <li>29<sup>th</sup> May = Targets</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>22<sup>nd</sup> April = Earth Day</li> <li>15<sup>th</sup> May = House Competition</li> <li>27<sup>th</sup> May = Targets</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>25<sup>th</sup> April = Earth Day</li> <li>15<sup>th</sup> May = House Competition</li> <li>29<sup>th</sup> May = Targets</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Study Skills</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>RE Revision</li> <li>15<sup>th</sup> May = House Competition</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Study Skills</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>Exam Briefings</li> </ul>
	Week 1	Multiculturalism vs. Discrimination					
	Week 2	Employable Me					
	Week 3	Individual liberty and international law → Law's impacting children					
	Week 4	Impact of violence → Youth offending					
	Week 5	Gender					
	Week 6	Celebration					
Term 6	<b>How do we make positive changes in the world?</b>		<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>13<sup>th</sup> June = Charity</li> <li>4<sup>th</sup> July = Reflection</li> <li>10<sup>th</sup> July = House Competition</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>10<sup>th</sup> June = Charity</li> <li>1<sup>st</sup> July = Reflection</li> <li>10<sup>th</sup> July = House Competition</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>13<sup>th</sup> June = Charity</li> <li>4<sup>th</sup> July = Reflection</li> <li>10<sup>th</sup> July = House Competition</li> </ul>	<u>Ongoing:</u> <ul style="list-style-type: none"> <li>Reading Tasks</li> <li>Study Skills</li> <li>Tutor's Choice</li> </ul> <u>Set tasks:</u> <ul style="list-style-type: none"> <li>1<sup>st</sup> July = Reflection</li> <li>10<sup>th</sup> July = House Competition</li> </ul>	
	Week 1	Importance of kindness and charity					
	Week 2	What role are you playing in your home, school, world? (Active Citizenship)					
	Week 3	Personal Positive Changes (Looking ahead to next year)					
	Week 4	National "Let it go" Day (Fresh starts)					
	Week 5	<b>BUFFER WEEK: TOPIC RELEVANT AT TIME</b>					
	Week 6	Sports Day & Sponsored Walk Briefings					
	Week 7	NO ASSEMBLY – CELEBRATION IN LEISURE NEXT WEEK					
PERSONAL DEVELOPMENT DAY 4							
FCC DAY							

## Personal Development Days – KS3 & KS4

PERSONAL DEVELOPMENT DAY 1				
Year 7	Year 8	Year 9	Year 10	Year 11
<ul style="list-style-type: none"> <li>• Healthy Friendships</li> <li>• Bullying</li> <li>• Appropriate conduct</li> <li>• Problem solving</li> <li>• School community</li> </ul>	<ul style="list-style-type: none"> <li>• Stereotypes</li> <li>• Diversity/Equality</li> <li>• Online Presence</li> <li>• Future Careers</li> <li>• First Aid</li> </ul>	<ul style="list-style-type: none"> <li>• Friendship Challenges</li> <li>• County Lines</li> <li>• Assertive Communication</li> <li>• Sources of Career Advice</li> <li>• Drugs &amp; their impact</li> </ul>	<ul style="list-style-type: none"> <li>• Managing Mental Health</li> <li>• CVs</li> <li>• Records of Achievement</li> <li>• Transition to KS4</li> <li>• Goal Setting</li> </ul>	<ul style="list-style-type: none"> <li>• Managing Exam Stress</li> <li>• Future Opportunities</li> <li>• Bright Future – external speaker on revision</li> <li>• Revision Timetables/Goal Setting</li> </ul>
<b>PSHE LESSONS:</b> <b>Being Me in My World</b>  Lesson 1 – A Little About Me Lesson 2 – My Influences Lesson 3 – Peer pressure and Belonging Lesson 4 – My Online Identity Lesson 5 – My Values	<b>PSHE LESSONS:</b> <b>Being Me in My World</b>  Lesson 1 – A Little About Me Lesson 2 – Who Am I? Lesson 3 – Families – Part 1 Lesson 4 – Families – Part 2 Lesson 5 – Faith, Beliefs and Values			
PERSONAL DEVELOPMENT DAY 2				
<ul style="list-style-type: none"> <li>• First Aid</li> <li>• PE Activity</li> <li>• DT Teambuilding Activity</li> </ul>	<ul style="list-style-type: none"> <li>• World of Work</li> <li>• Human Rights</li> <li>• Enterprise</li> <li>• Peer Pressure</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health</li> <li>• Coping with Change</li> <li>• Saving and Borrowing</li> <li>• Financial Decisions</li> <li>• Learning Strengths</li> </ul>	<ul style="list-style-type: none"> <li>• Sex and the Media</li> <li>• Impact of Financial Decisions</li> <li>• Cost of Living Crisis</li> <li>• Online Relationships</li> <li>• Toxic Masculinity</li> </ul>	<ul style="list-style-type: none"> <li>• Sexual Health</li> <li>• Families</li> <li>• Relationship Challenges</li> <li>• Personal Safety</li> <li>• Personal Values</li> </ul>
<b>PSHE LESSONS:</b> <b>Relationships</b>  Lesson 1 – Healthy & Positive Relationships Lesson 2 – Supportive Relationships Lesson 3 – Handling Conflict Lesson 4 – Being Assertive	<b>PSHE LESSONS:</b> <b>Relationships</b>  Lesson 1 – My Relationship With Me Lesson 2 – Managing Relationships Lesson 3 – Controlling Relationships Lesson 4 – Holding Boundaries			

PERSONAL DEVELOPMENT DAY 3				
<ul style="list-style-type: none"> <li>Diversity and Prejudice</li> <li>Puberty</li> <li>Banking Basics</li> <li>Healthy Lifestyle and Eating</li> <li>Body Boundaries</li> </ul>	<ul style="list-style-type: none"> <li>Discrimination</li> <li>Mental Health and Emotional Well-Being</li> <li>Body Image</li> <li>Sexting</li> <li>Compulsive Behaviour</li> </ul>	<ul style="list-style-type: none"> <li>Employability &amp; The Super Curricular</li> <li>Families and Fertility</li> <li>Consensual Touching</li> <li>Sleep</li> <li>Healthy Lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>Bright Futures (outside speaker)</li> <li>Values in Careers</li> <li>Sex and the Law</li> <li>Sex: The Impact of Pornography</li> <li>Stigma around mental health</li> </ul>	<ul style="list-style-type: none"> <li>First Aid</li> <li>Setting boundaries</li> <li>Different types of work Fertility and parental responsibilities</li> <li>Forced Marriage and FGM</li> </ul>
<b>PSHE LESSONS:</b> <b>Celebrating Differences</b>  Lesson 1 – Where do I come from? Lesson 2 – What are we thinking? Lesson 3 – Is Great Britain a Christian Country? Lesson 4 – Let’s Celebrate	<b>PSHE LESSONS:</b> <b>Changing Me</b>  Lesson 1 – Reflecting & Introduction Lesson 2 – How do I keep healthy? Lesson 3 – What changes are happening? Lesson 4 – What risks are there to me?			
PERSONAL DEVELOPMENT DAY 4				
<ul style="list-style-type: none"> <li>Budgeting</li> <li>Road Safety</li> <li>Physical Form Challenge</li> <li>House Competition</li> <li>HOY Choice</li> </ul>	<ul style="list-style-type: none"> <li>Form Challenge</li> <li>The Environment</li> <li>Digital Safety</li> <li>Road Safety</li> <li>Financial Focus</li> </ul>	<ul style="list-style-type: none"> <li>First Aid</li> <li>Contraception</li> <li>Violence &amp; Knife Crime</li> <li>The Law For Me</li> <li>HOY Choice</li> </ul>	<ul style="list-style-type: none"> <li>Sex: No Sex, Sex and Sexuality</li> <li>Work Experience</li> <li>Magistrates Talk</li> <li>Drugs – An Outside Speaker</li> <li>HOY Choice</li> </ul>	
<b>PSHE LESSONS:</b> <b>Goals &amp; Dreams</b>  Lesson 1 – What are my goals? Lesson 2 – What are my dreams? Lesson 3 – What are my next steps?	<b>PSHE LESSONS:</b> <b>Goals &amp; Dreams</b>  Lesson 1 – What are my goals? Lesson 2 – What are my dreams? Lesson 3 – What are my next steps?			
FCC DAY				
<ul style="list-style-type: none"> <li>Culture in Word</li> <li>Research It</li> <li>Musical Workshop</li> <li>Culture in Comics</li> <li>Mandarin</li> <li>Aboriginal Culture</li> <li>Celebration</li> </ul>	<ul style="list-style-type: none"> <li>Sign Language</li> <li>Geography – The Village</li> <li>Arabic</li> <li>Art from Around the World</li> <li>Sri Lankan Culture</li> <li>Hindi</li> </ul>	<ul style="list-style-type: none"> <li>DT Activity x 2</li> <li>Being An Ally – Speaker</li> <li>Culture Lesson</li> <li>A New Language</li> </ul>	<ul style="list-style-type: none"> <li>Culture in Word</li> <li>Inclusive Sport</li> <li>External Speaker</li> <li>A New Language</li> </ul>	