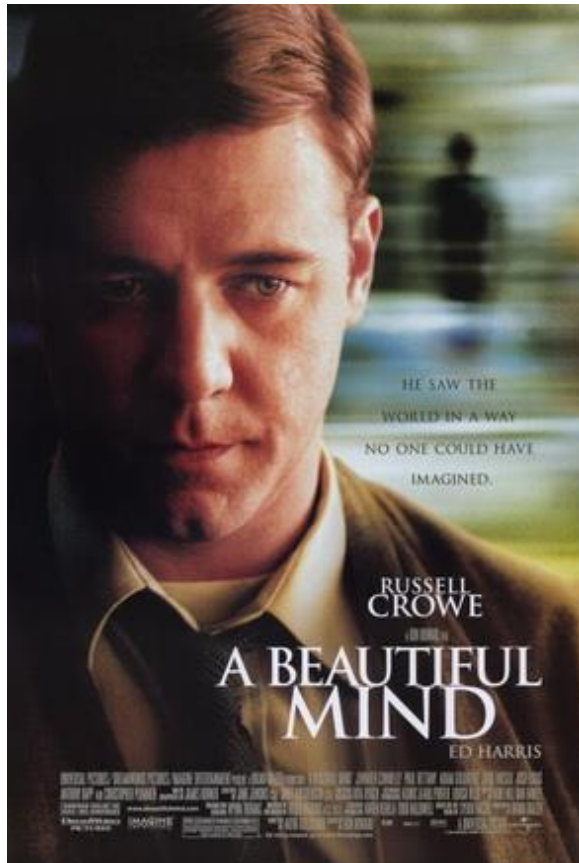


Psychology watch list



A beautiful mind



Starring:	Russell Crowe
What's it about?	True story of mathematician John Nash and his struggle with schizophrenia
What topics is it useful for?	Psychopathology, Schizophrenia
Age rating:	12
Realism rating:	*****
Rating:	*****



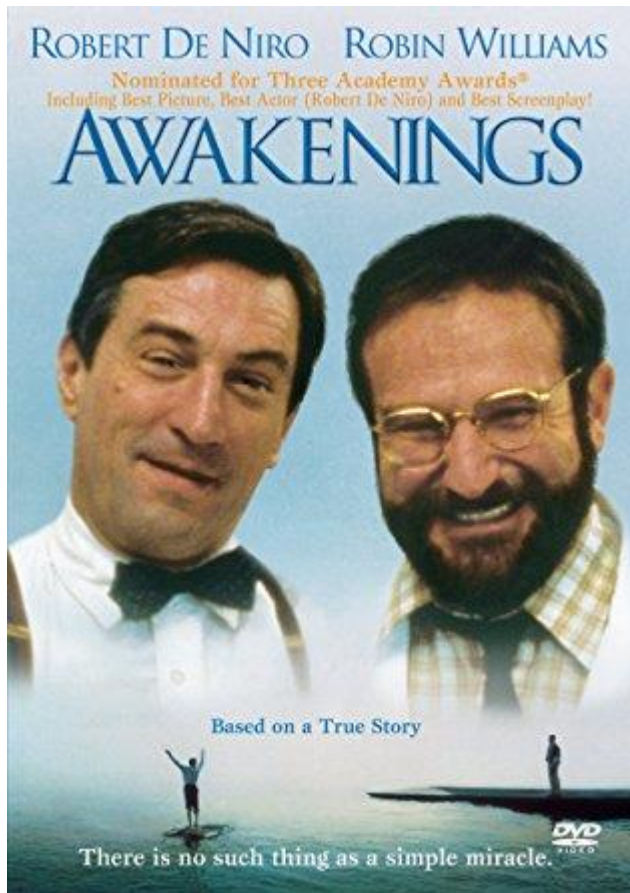
A dangerous method



Starring:	Keira Knightley
What's it about?	Freud and Jung take their ideas to America but disagree massively in how they view one famous patient
What topics is it useful for?	Approaches, Psychopathology
Age rating:	15 (lots of sex)
Realism rating:	****
Rating:	****



Awakenings



Starring:	Robert de Niro, Robin Williams
What's it about?	A psychiatrist goes to work with a group of mental health patients whose illness cannot be diagnosed
What topics is it useful for?	Psychopathology
Age rating:	12
Realism rating:	*****
Rating:	***



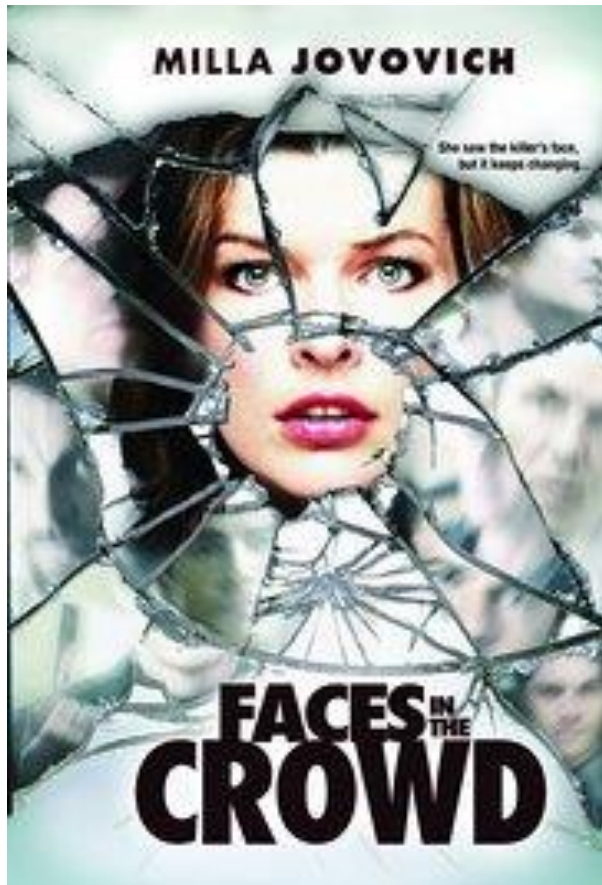
Experimenter



Starring:	Peter Sarsgaard, Winona Ryder
What's it about?	The life and times of Stanley Milgram and his famous obedience research
What topics is it useful for?	Social Influences, Approaches, Issues and debates, Research Methods
Age rating:	15
Realism rating:	****
Rating:	*****



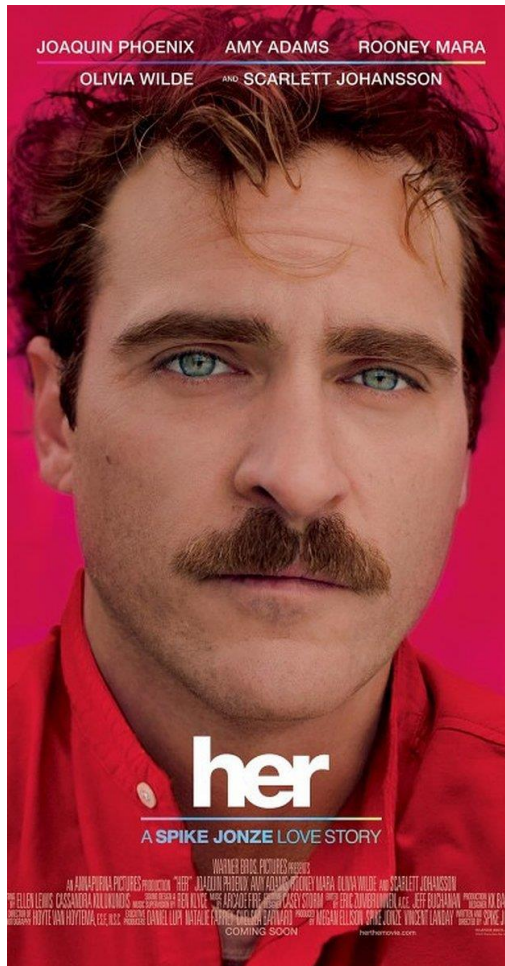
Faces in the crowd



Starring:	Milla Jovovich
What's it about?	A woman is attacked and loses her ability to recognise faces, which is a problem as she is the only one who can recognise the attacker
What topics is it useful for?	Biopsychology
Age rating:	15
Realism rating:	**
Rating:	**



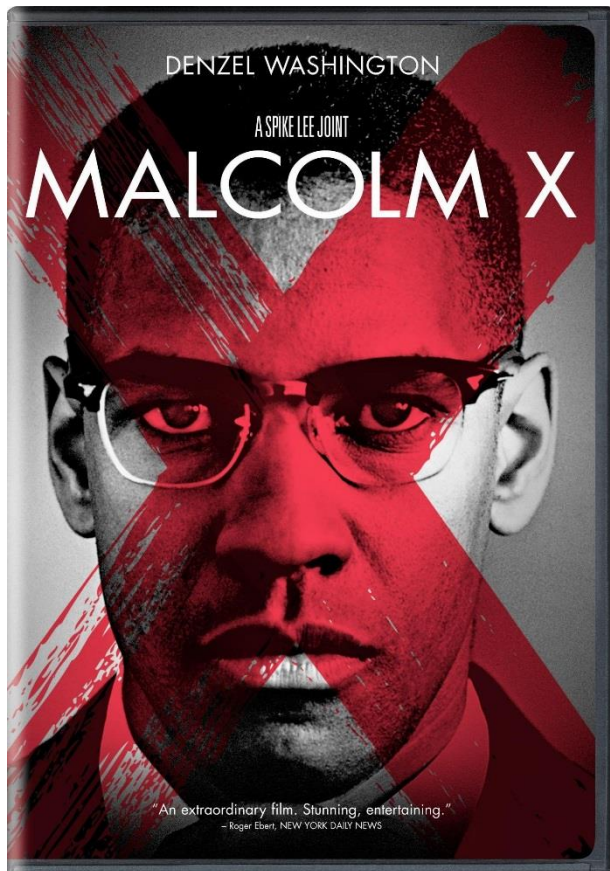
Her



Starring:	Joaquin Phoenix
What's it about?	A man with a broken heart starts an online relationship
What topics is it useful for?	Relationships (virtual relationships)
Age rating:	15
Realism rating:	**
Rating:	*****



Malcolm X



Starring:	Denzel Washington
What's it about?	The true story of civil rights campaigner, Malcolm X
What topics is it useful for?	Social influence (social change)
Age rating:	15
Realism rating:	****
Rating:	****



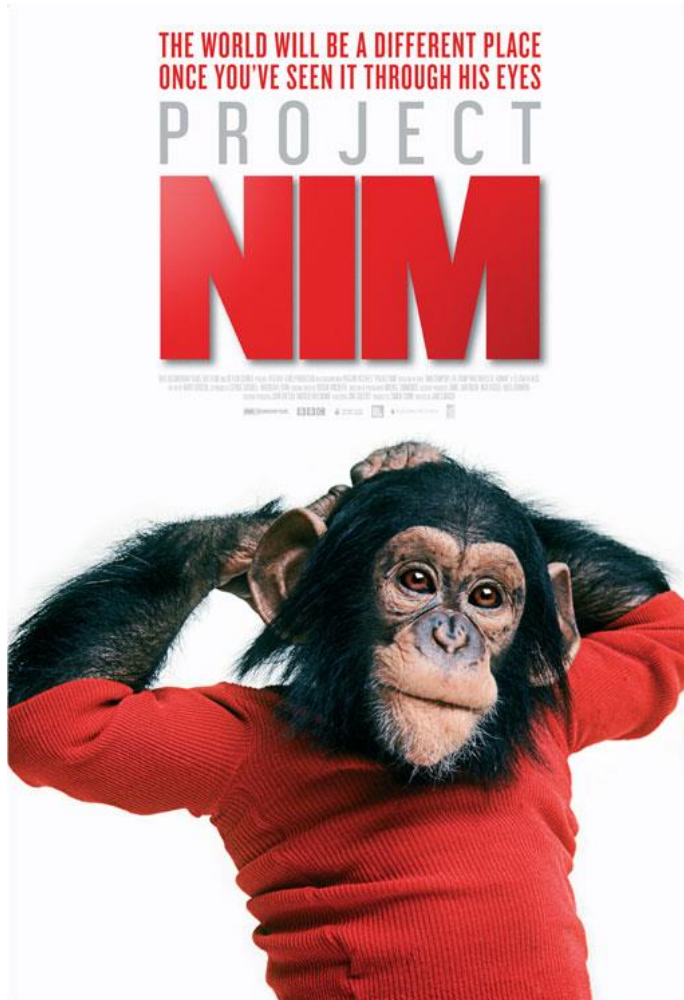
Memento



Starring:	Guy pearce
What's it about?	A man loses the ability to form new memories but needs to find a way to remember who killed his wife so he can exact revenge
What topics is it useful for?	Memory
Age rating:	15
Realism rating:	***
Rating:	****



Project Nim



Starring:	Nim Chimpsky
What's it about?	A chimp is raised as a human and taught sign language
What topics is it useful for?	Issues and debates
Age rating:	12
Realism rating:	*****
Rating:	*****



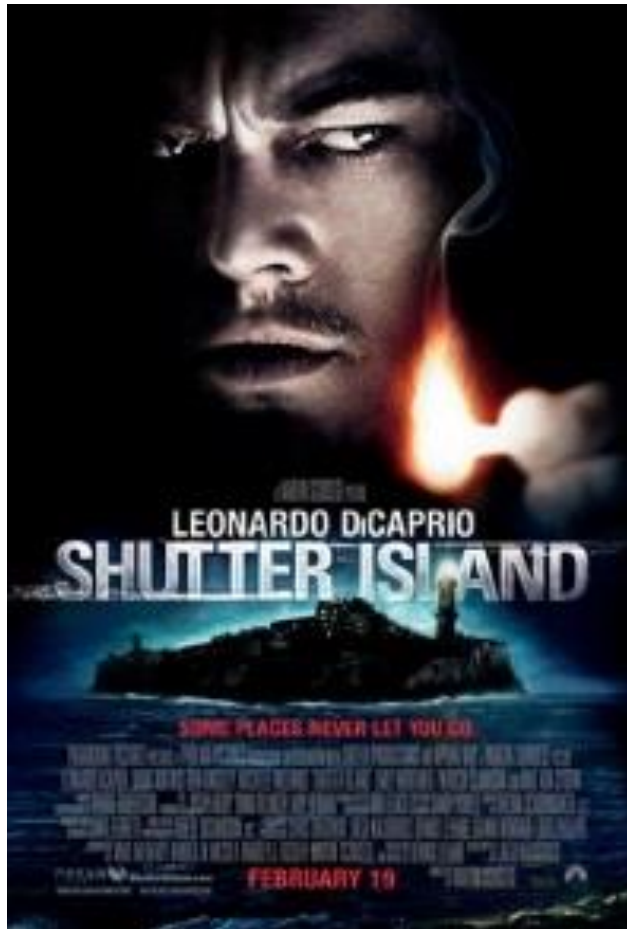
Selma



Starring:	David Oyelowo
What's it about?	The true story of Martin Luther King's march from Selma
What topics is it useful for?	Social Influence (social change)
Age rating:	15
Realism rating:	*****
Rating:	***



Shutter Island



Starring:	Leonardo di Caprio
What's it about?	A woman has disappeared from a mental health institution and detectives are sent to investigate
What topics is it useful for?	Psychopathology
Age rating:	15
Realism rating:	***
Rating:	*****



Split

AN ORIGINAL THRILLER FROM WRITER/DIRECTOR
M. NIGHT SHYAMALAN
SPLIT
THIS JANUARY



Starring:	James McAvoy
What's it about?	Girls are kidnapped by a man with multiple personality disorder
What topics is it useful for?	Psychopathology
Age rating:	15
Realism rating:	**
Rating:	*****



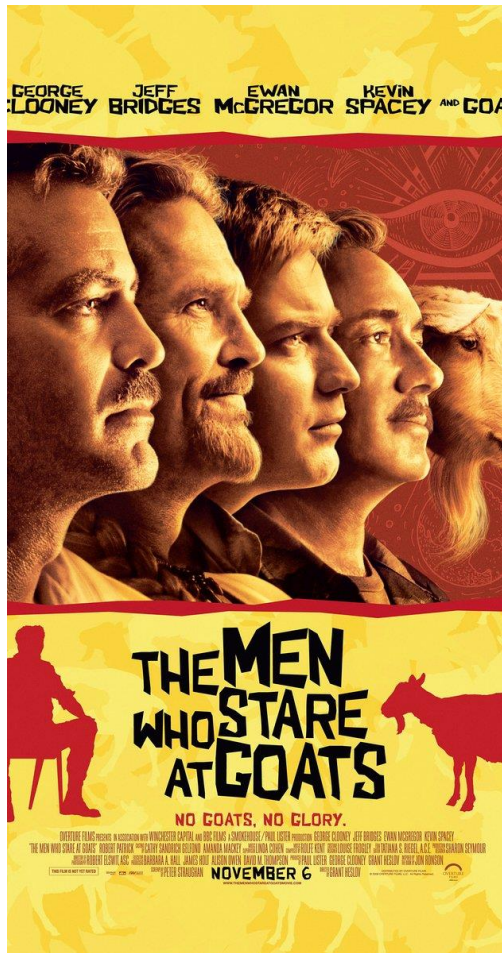
The experiment



Starring:	Adrien Brody, Forest Whitaker
What's it about?	A Hollywood interpretation of the famous Stanford Prison study
What topics is it useful for?	Social Influence, Aggression
Age rating:	15
Realism rating:	*
Rating:	***



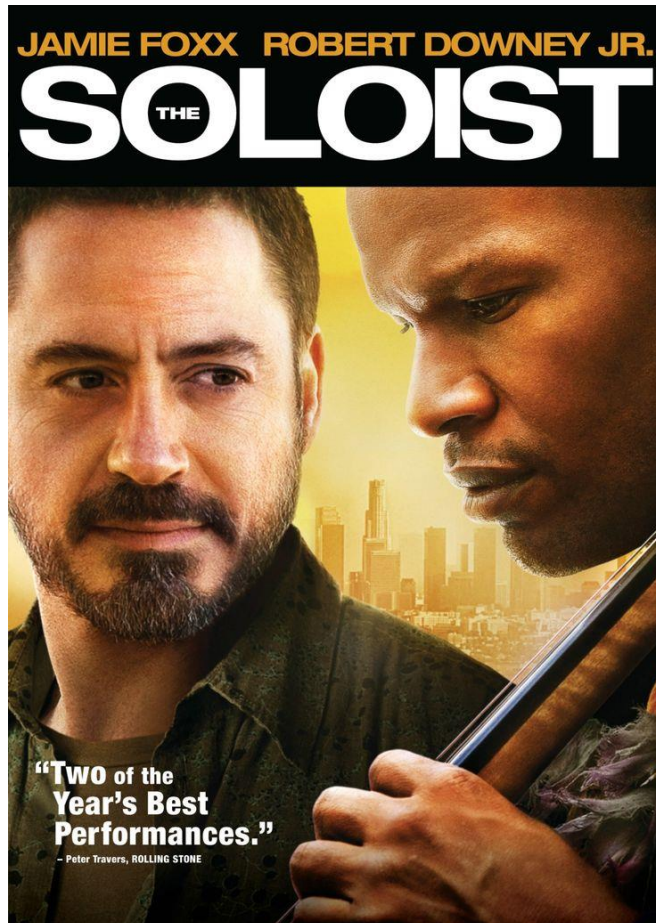
The men who stare at goats



Starring:	Ewan McGregor, George Clooney
What's it about?	A journalist researches a military department designed to use mind control in their army
What topics is it useful for?	Psychopathology
Age rating:	15
Realism rating:	*****
Rating:	****



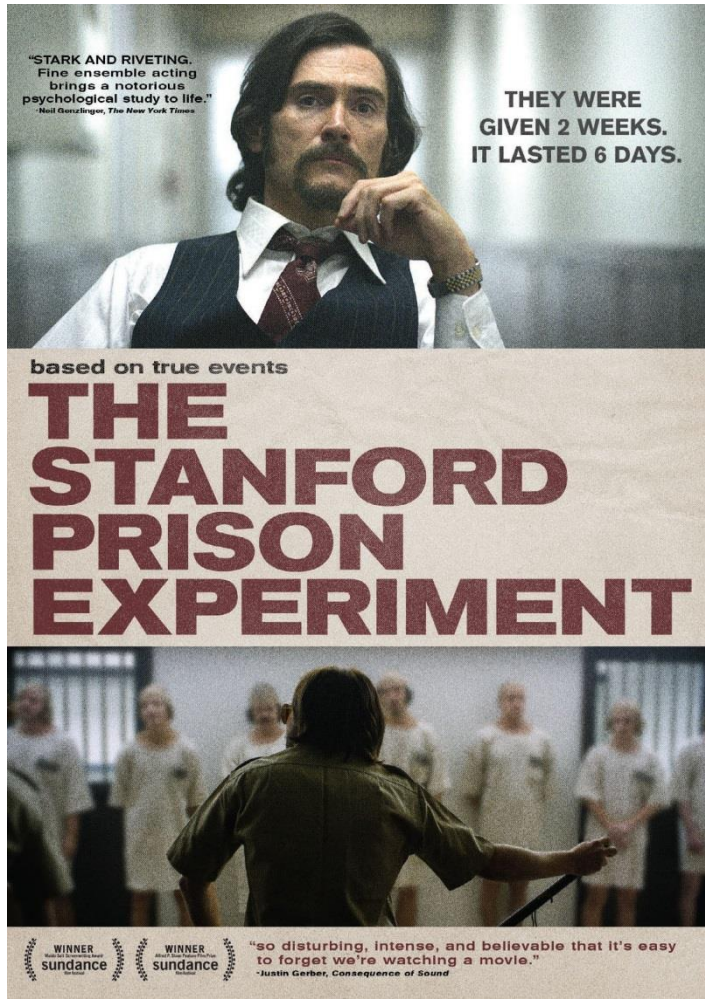
The soloist



Starring:	Robert Downey Jr., Jamie Foxx
What's it about?	True story of a talented musician who struggles with schizophrenia
What topics is it useful for?	Psychopathology, Schizophrenia
Age rating:	15
Realism rating:	****
Rating:	****



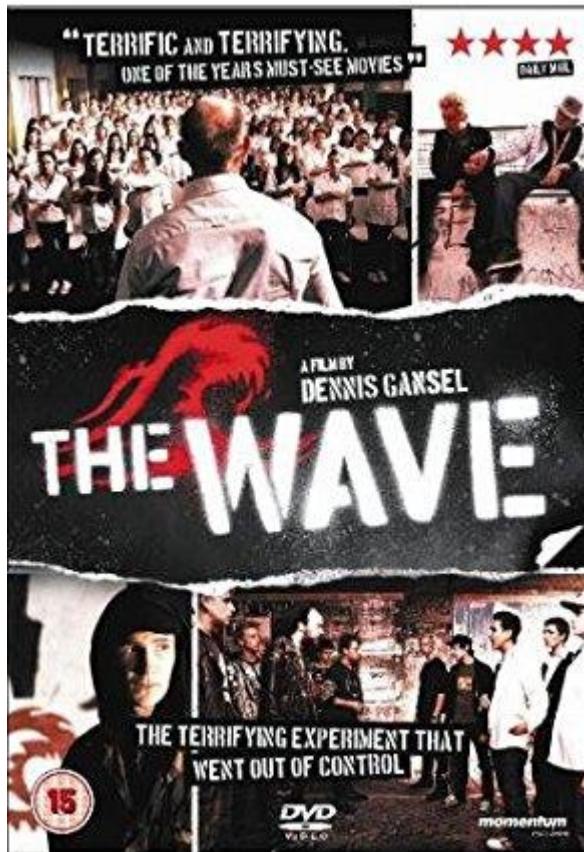
The Stanford prison experiment



Starring:	Billy Crudup
What's it about?	The original SPE
What topics is it useful for?	Social Influence, Aggression, Research Methods
Age rating:	15
Realism rating:	****
Rating:	****



The Wave (Die Walle)



Starring:	Jurgen Vogel
What's it about?	Based on a true story. A teacher sets up a demonstration with his class to show them how Hitler rose to power
What topics is it useful for?	Social Influence
Age rating:	15
Realism rating:	***
Rating:	****



Psychology reading list



Bad Pharma

Bad Pharma™

Ben Goldacre

Bestselling author of Bad Science

How drug companies
mislead doctors and
harm patients

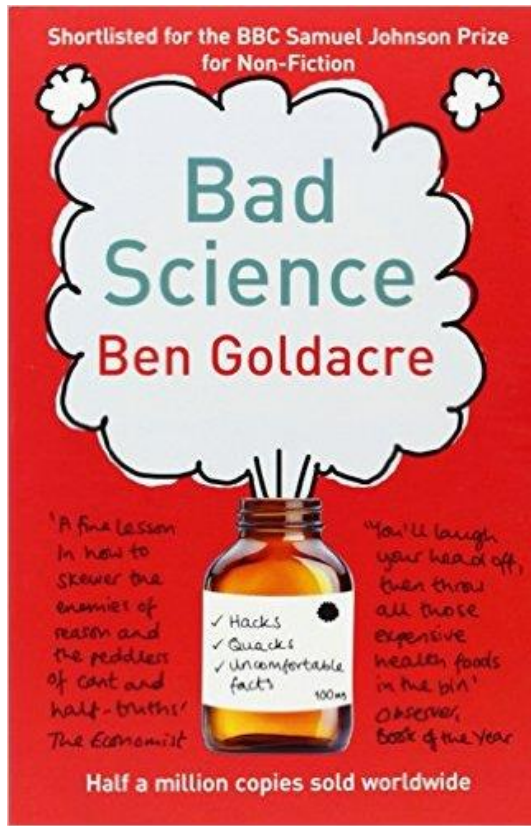
364 pages



Author:	Ben Goldacre
What's it about?	How pharmaceutical companies employ sneaky techniques to make their drugs look better than they are
What topics is it useful for?	Research Methods, Psychopathology, Schizophrenia
Difficulty level:	*****
Rating:	*****



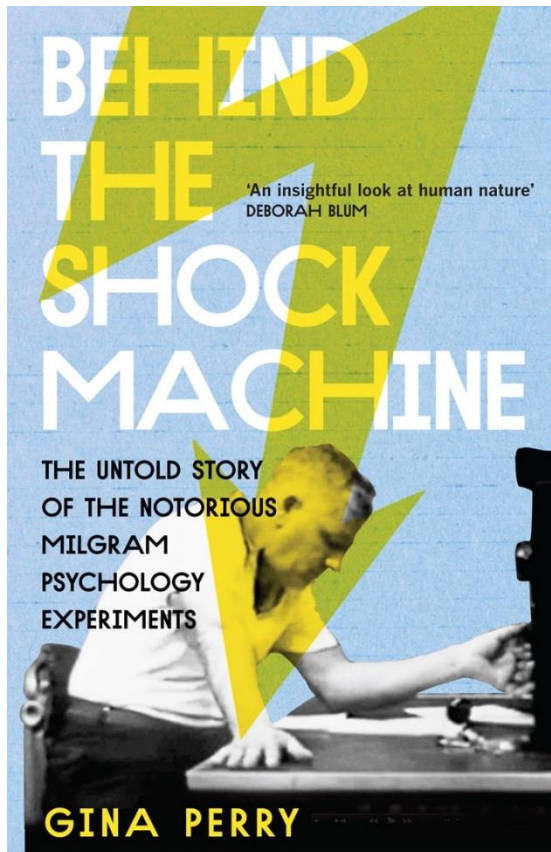
Bad Science



Author:	Ben Goldacre
What's it about?	How to do research properly
What topics is it useful for?	Research Methods, Psychopathology, Schizophrenia
Difficulty level:	*****
Rating:	*****



Behind the shock machine



Author:	Gina Perry
What's it about?	The real story behind the Milgram obedience research
What topics is it useful for?	Social Influence, Research Methods, Issues and debates
Difficulty level:	**
Rating:	*****



Blink

blink

By the author of THE TIPPING POINT



The Power of Thinking

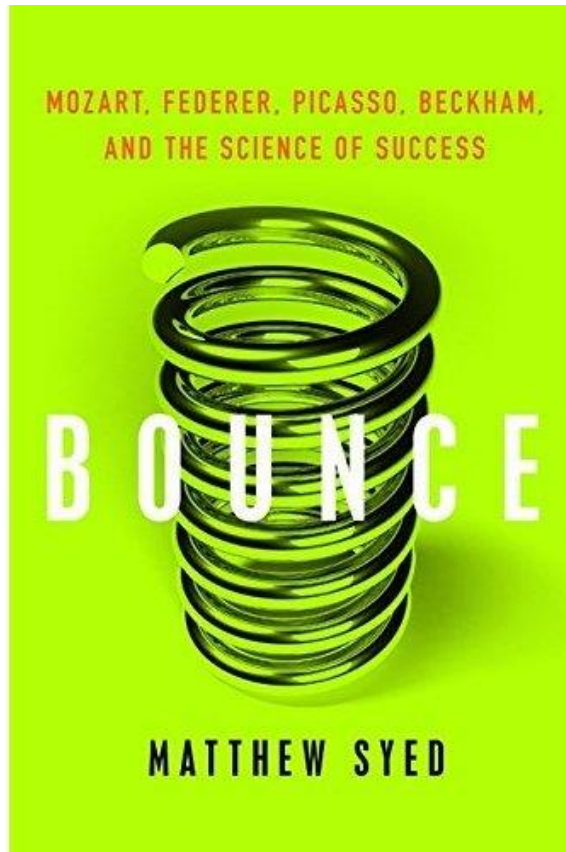
Without Thinking

Malcolm Gladwell

Author:	Malcolm Gladwell
What's it about?	The psychology of success
What topics is it useful for?	Research Methods
Difficulty level:	***
Rating:	***



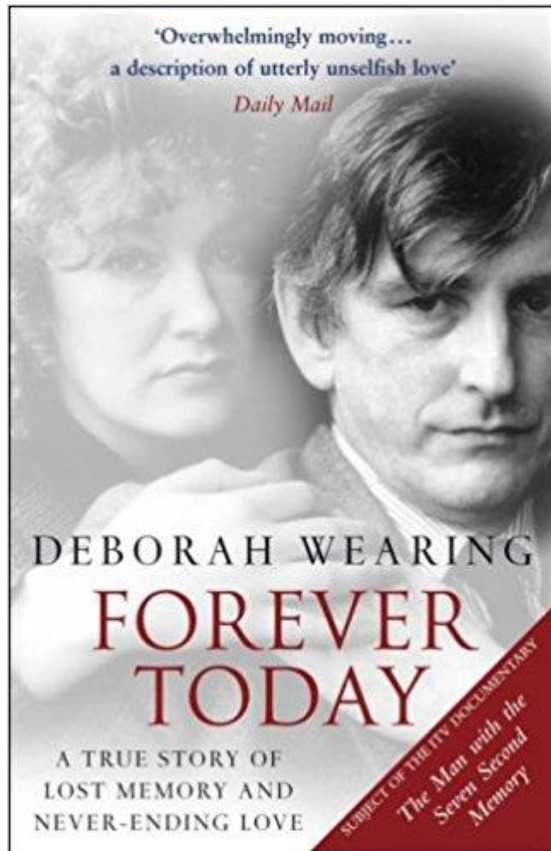
Bounce



Author:	Matthew Syed
What's it about?	The psychology of success in sport
What topics is it useful for?	Research Methods
Difficulty level:	***
Rating:	***



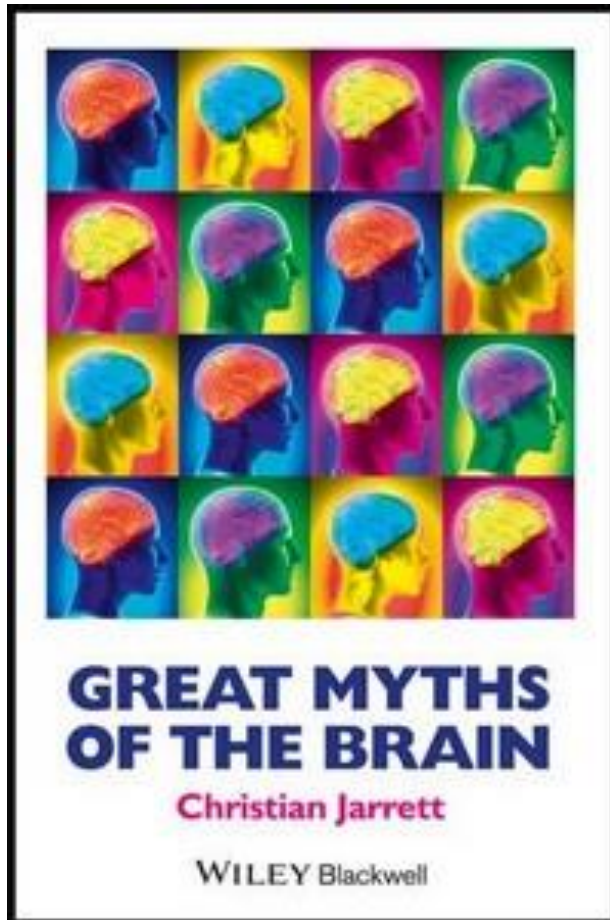
Forever Today



Author:	Deborah Wearing
What's it about?	True story of a famous amnesiac patient
What topics is it useful for?	Memory, Biopsychology
Difficulty level:	**
Rating:	****



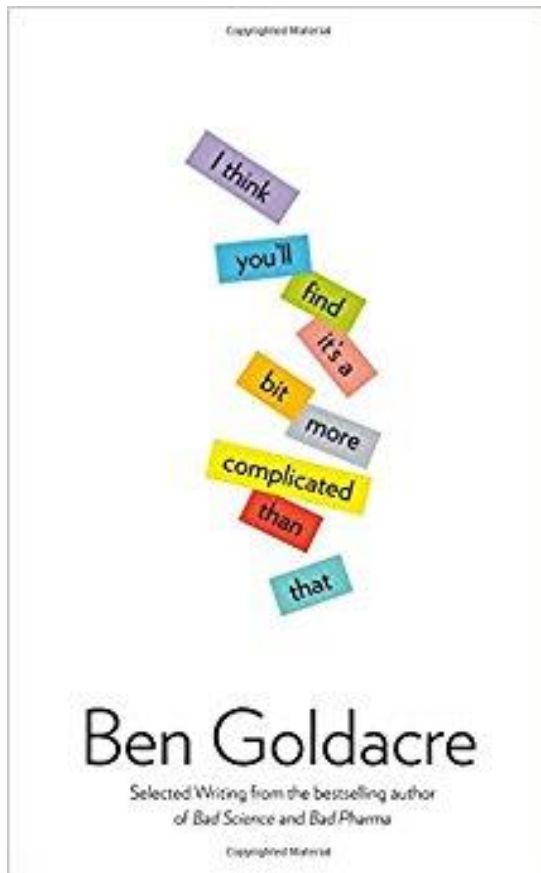
Great myths of the brain



Author:	Christian Jarrett
What's it about?	The myths surrounding the world's most complex computer
What topics is it useful for?	Biopsychology, Psychopathology, Research Methods
Difficulty level:	***
Rating:	***



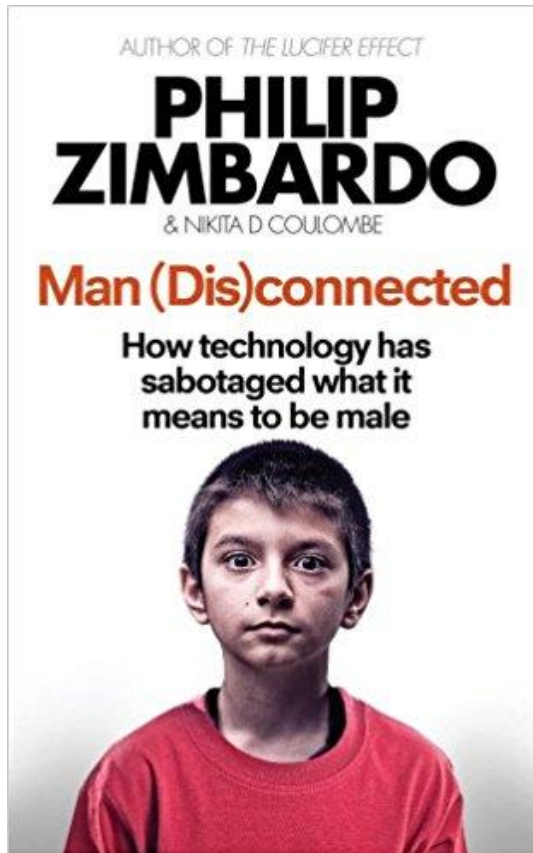
I think you'll find it's a bit more complicated than that



Author:	Ben Goldacre
What's it about?	A collection of articles about how research should be done correctly
What topics is it useful for?	Research Methods, Psychopathology, Schizophrenia
Difficulty level:	****
Rating:	****



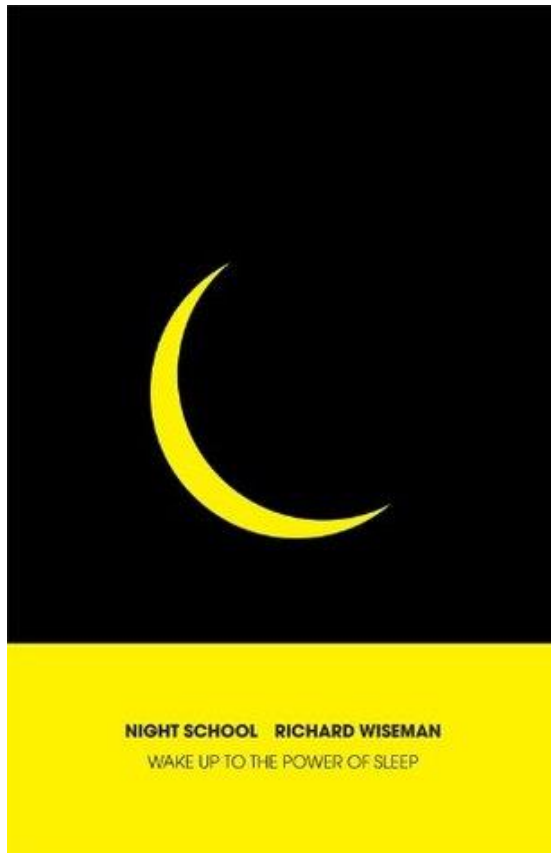
Man (Dis)connected



Author:	Philip Zimbardo
What's it about?	Why men are failing in modern society
What topics is it useful for?	Research Methods, Social Influence
Difficulty level:	***
Rating:	**



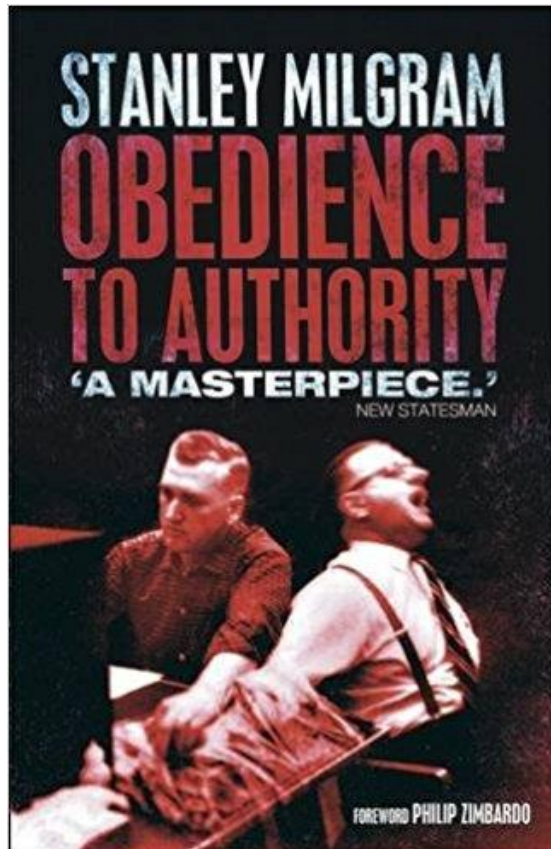
Night School



Author:	Richard Wiseman
What's it about?	Sleep
What topics is it useful for?	Biopsychology
Difficulty level:	***
Rating:	*****



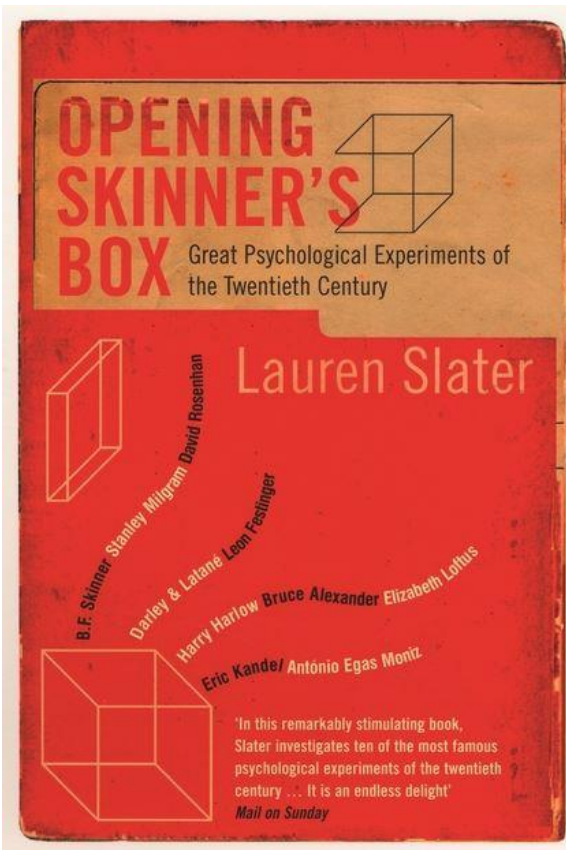
Obedience to authority



Author:	Stanley Milgram
What's it about?	Milgram's famous shock experiments
What topics is it useful for?	Social Influence, Aggression, Research Methods, Issues and debates
Difficulty level:	*****
Rating:	**



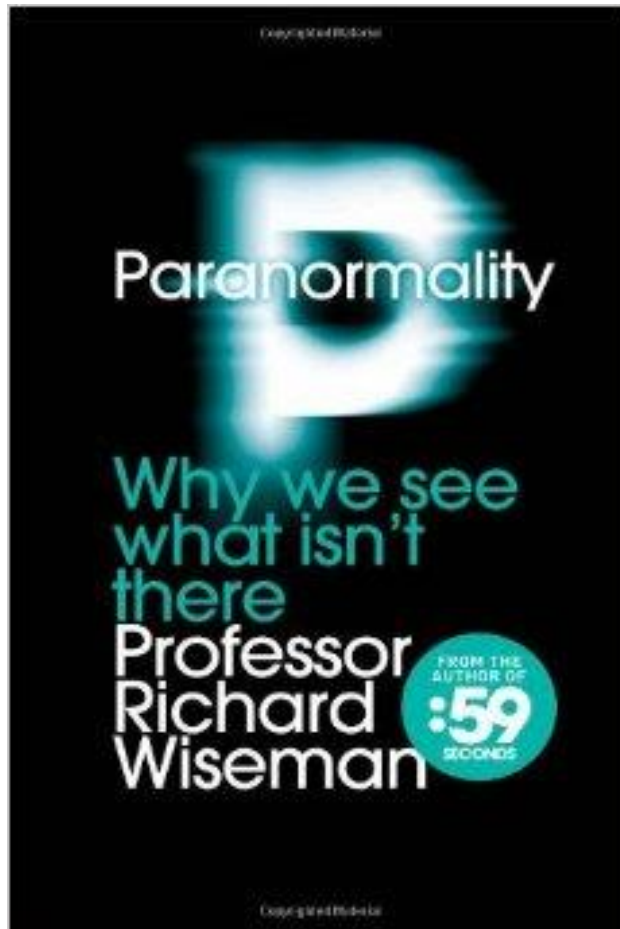
Opening Skinner's box



Author:	Lauren Slater
What's it about?	A collection of short summaries of famous psychology studies
What topics is it useful for?	Social Influence, Memory, Attachment, Psychopathology, Biopsychology, Research Methods
Difficulty level:	***
Rating:	*****



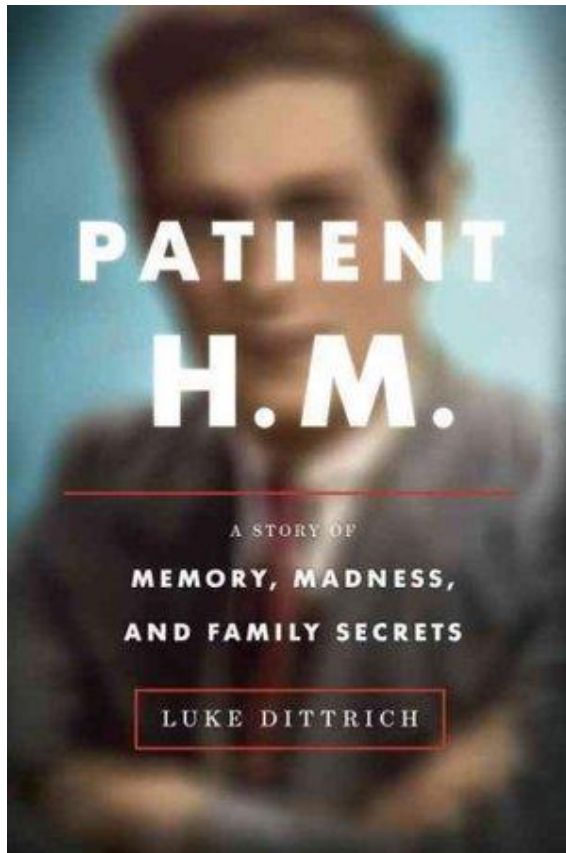
Paranormality



Author:	Richard Wiseman
What's it about?	The psychology behind ghosts, ghouls and the paranormal
What topics is it useful for?	Research Methods
Difficulty level:	**
Rating:	***



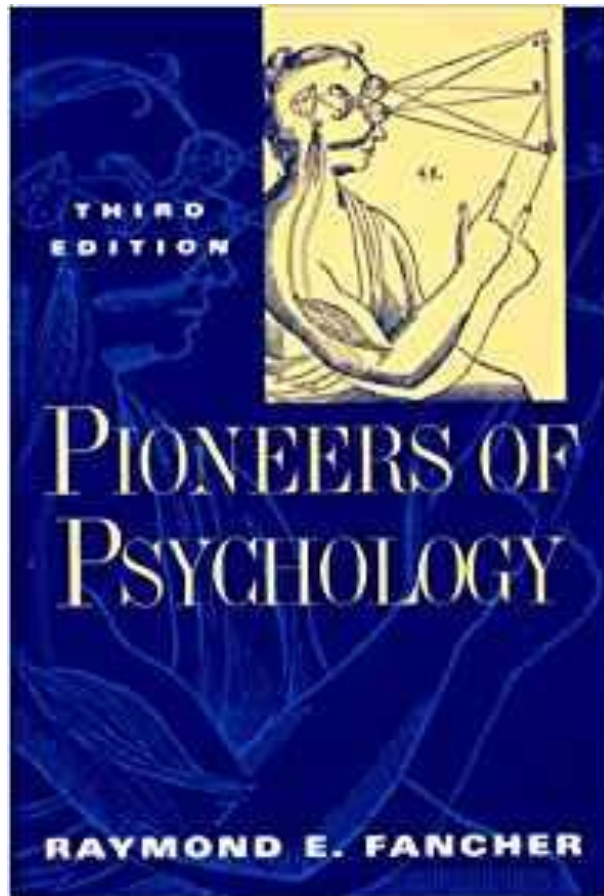
Patient H.M.



Author:	Luke Dittrich
What's it about?	The most famous case study in psychology, H.M.
What topics is it useful for?	Memory, Biopsychology, Issues and debates
Difficulty level:	***
Rating:	*****



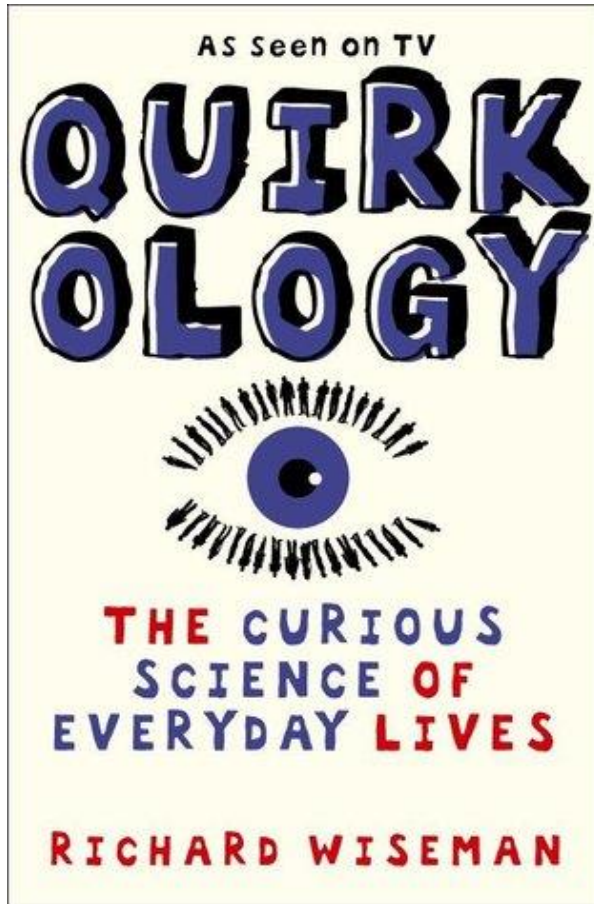
Pioneers of Psychology



Author:	Raymond Fancher
What's it about?	The history of psychology
What topics is it useful for?	Approaches, Biopsychology, Issues and Debates
Difficulty level:	*****
Rating:	****



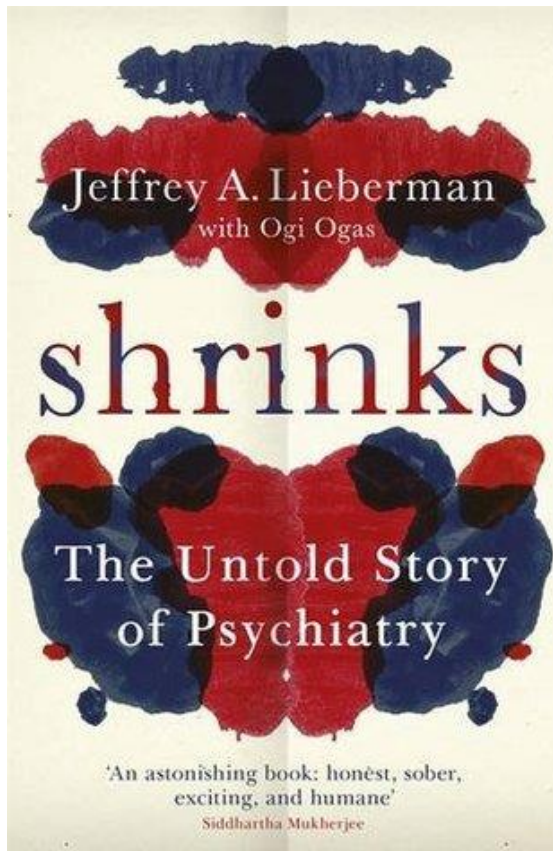
Quirkology



Author:	Richard Wiseman
What's it about?	A collection of weird and wonderful psychology studies
What topics is it useful for?	Memory, Social Influence, Attachment, Psychopathology, Aggression, Relationships, Research Methods
Difficulty level:	**
Rating:	****



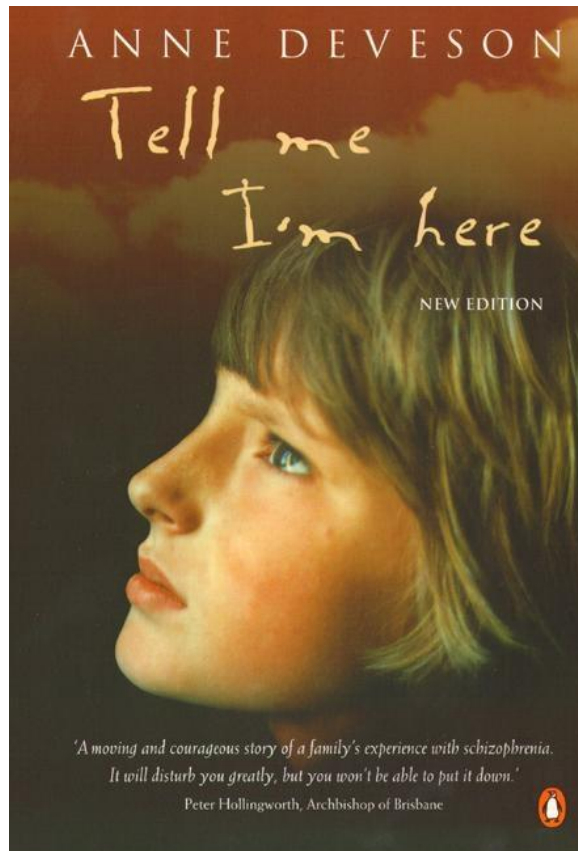
Shrinks



Author:	Jeffrey A. Lieberman
What's it about?	The history of mental health treatment
What topics is it useful for?	Psychopathology, Schizophrenia, Approaches, Biopsychology
Difficulty level:	****
Rating:	****



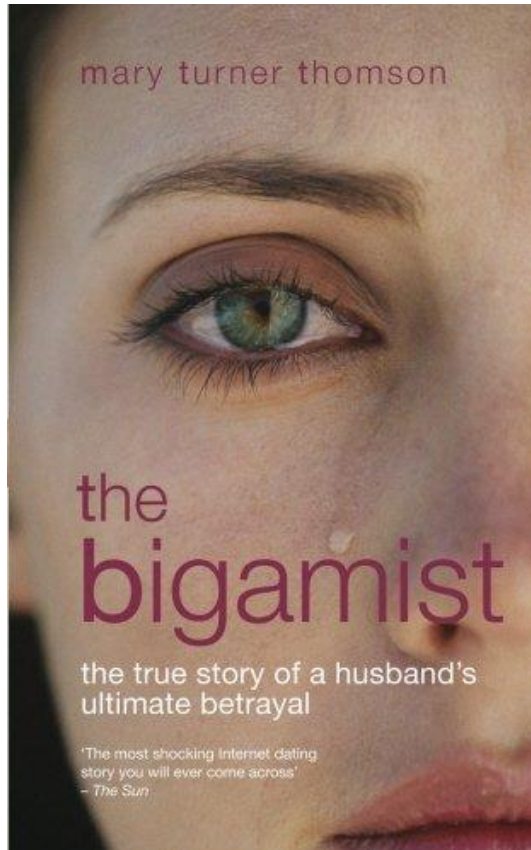
Tell me I'm here



Author:	Anne Deveson
What's it about?	True story of a mother whose son has schizophrenia
What topics is it useful for?	Schizophrenia, Psychopathology
Difficulty level:	**
Rating:	****



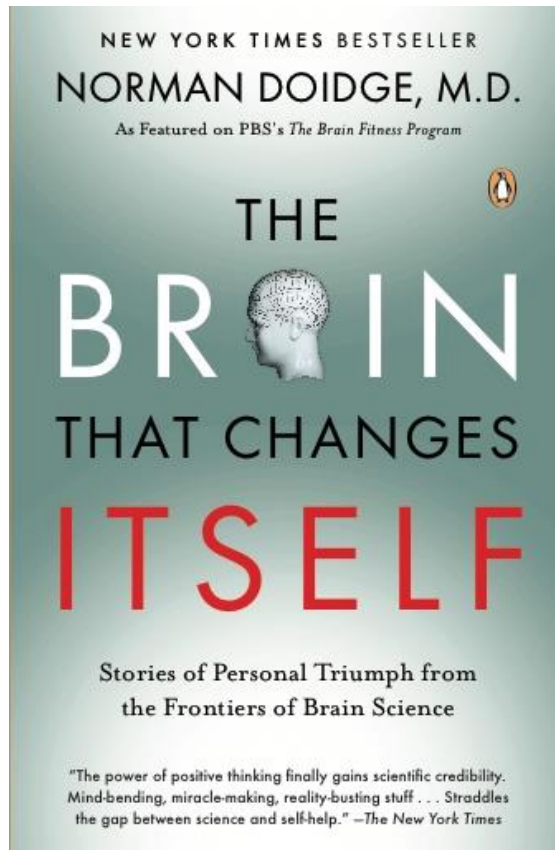
The bigamist



Author:	Mary Turner Thompson
What's it about?	A true story of a woman's life with a psychopath
What topics is it useful for?	Psychopathology
Difficulty level:	*
Rating:	****



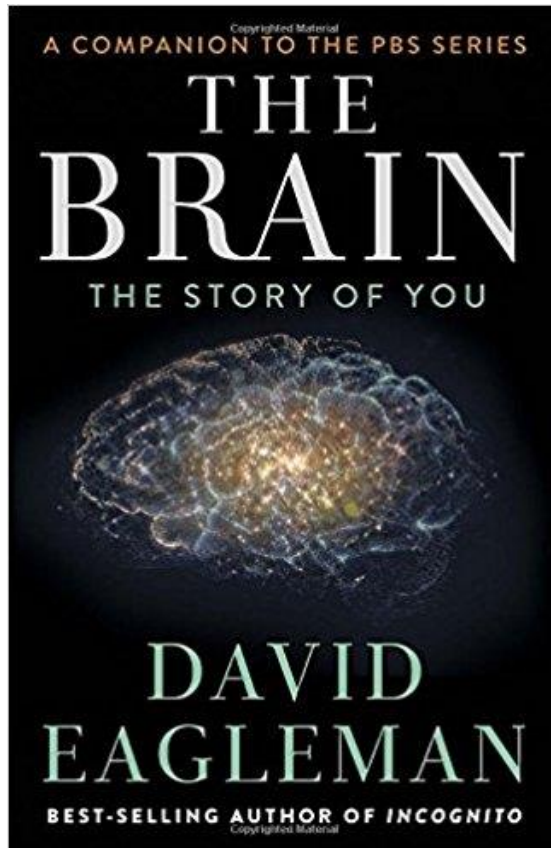
The brain that changes itself



Author:	Norman Doidge
What's it about?	How our brains are plastic and can physically change throughout our lives
What topics is it useful for?	Biopsychology, Research Methods, Memory, Psychopathology
Difficulty level:	****
Rating:	*****



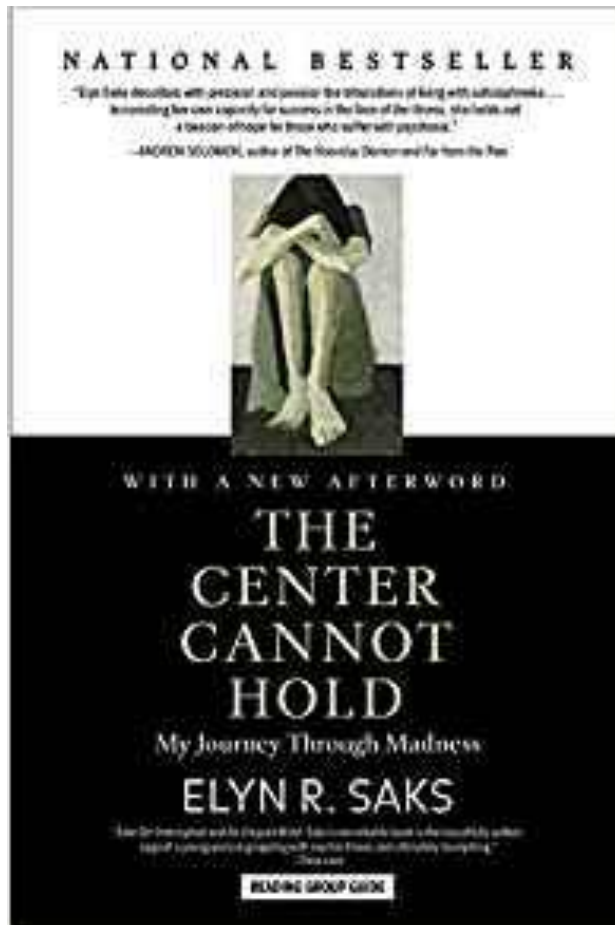
The brain: the story of you



Author:	David Eagleman
What's it about?	How the brain influences our behaviour
What topics is it useful for?	Biopsychology, Attachment, Memory, Schizophrenia, Psychopathology, Aggression
Difficulty level:	****
Rating:	*****



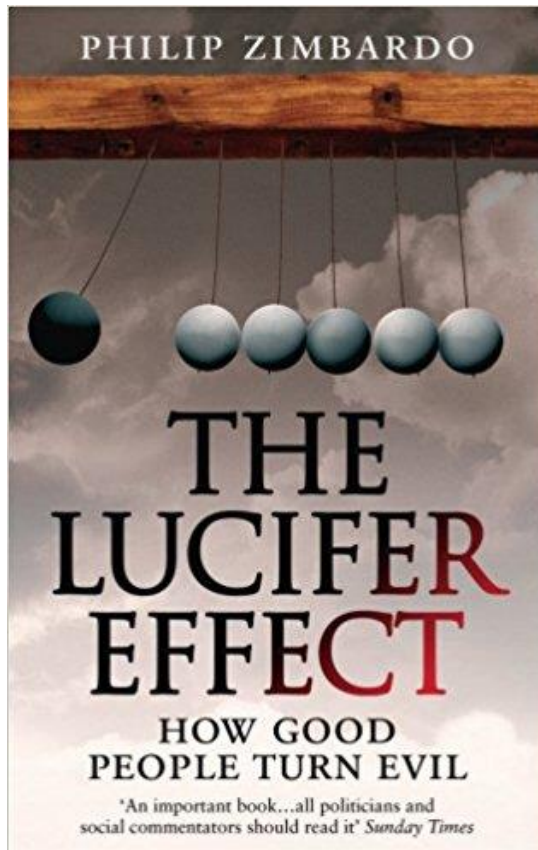
The centre cannot hold



Author:	Elyn R. Saks
What's it about?	An autobiography of someone who has survived schizophrenia
What topics is it useful for?	Schizophrenia, Psychopathology, Research Methods
Difficulty level:	**
Rating:	***



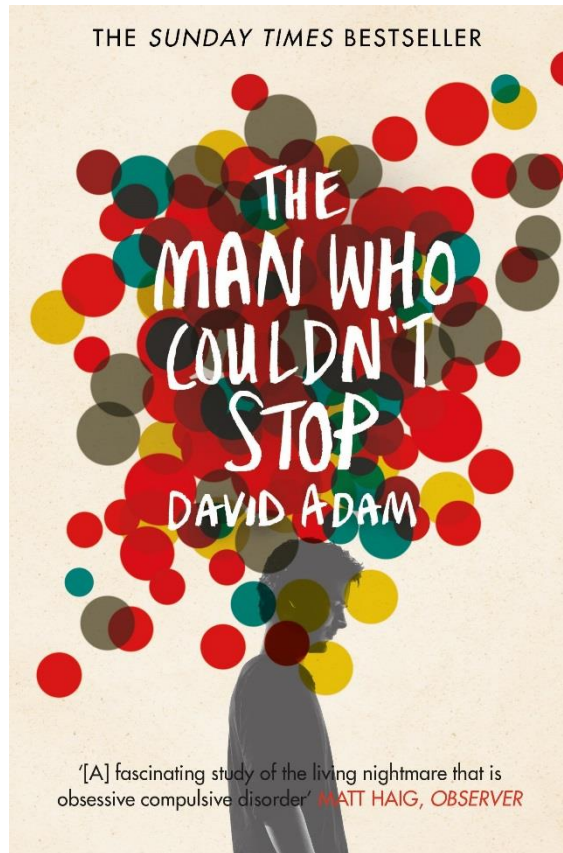
The Lucifer Effect



Author:	Philip Zimbardo
What's it about?	The Stanford Prison study
What topics is it useful for?	Social Influence, Research Methods, Aggression
Difficulty level:	****
Rating:	***



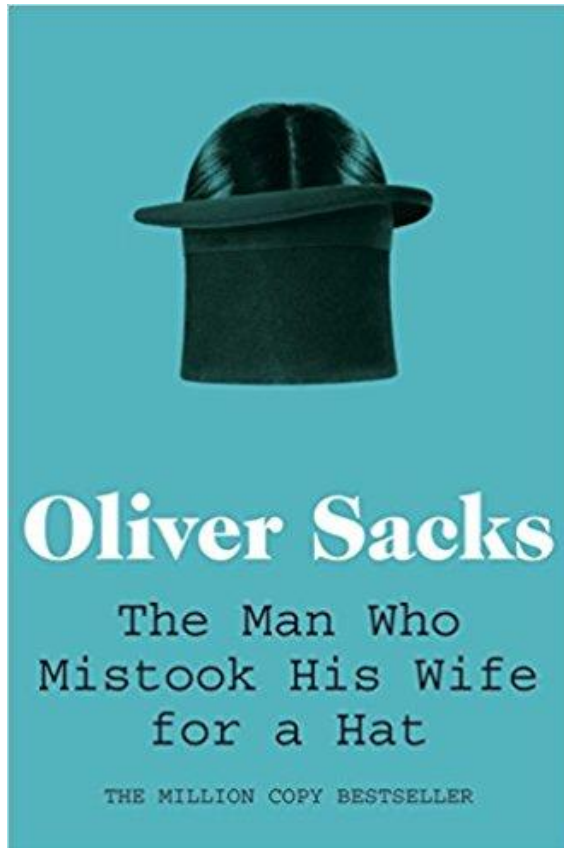
The man who couldn't stop



Author:	David Adam
What's it about?	The history of OCD told from the perspective of someone with the disorder
What topics is it useful for?	Psychopathology, Approaches
Difficulty level:	***
Rating:	*****



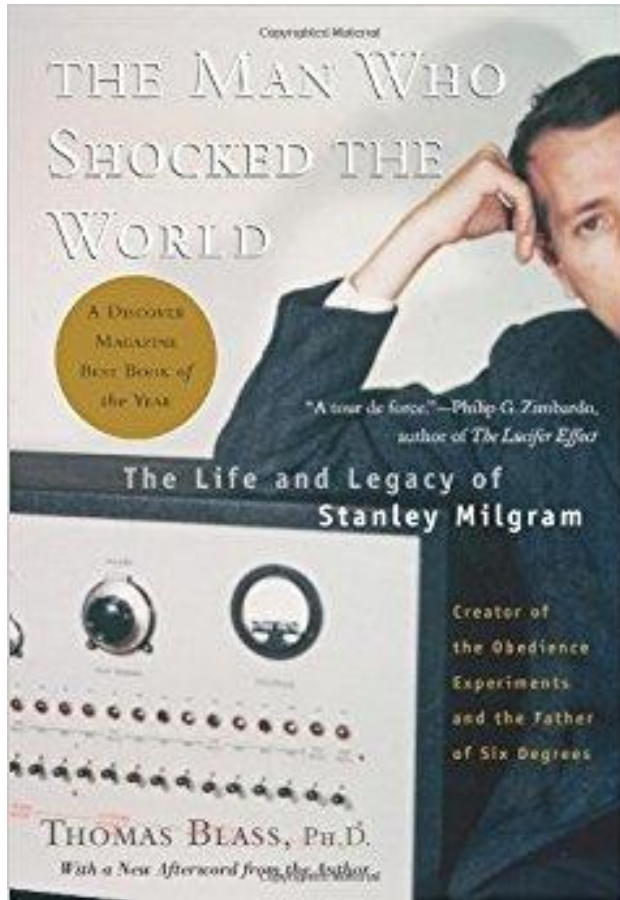
The man who mistook his wife for a hat



Author:	Oliver Sacks
What's it about?	Interesting case studies of brain-damaged patients
What topics is it useful for?	Approaches, Issues and debates, Biopsychology
Difficulty level:	*****
Rating:	***



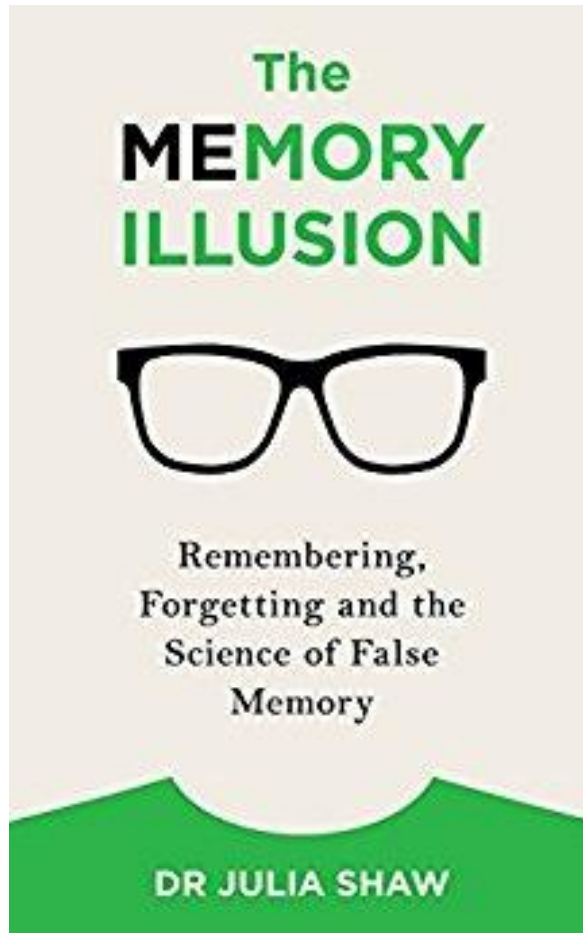
The man who shocked the world



Author:	Thomas Blass
What's it about?	A biography of Stanley Milgram
What topics is it useful for?	Social Influence, Aggression, Approaches
Difficulty level:	***
Rating:	****



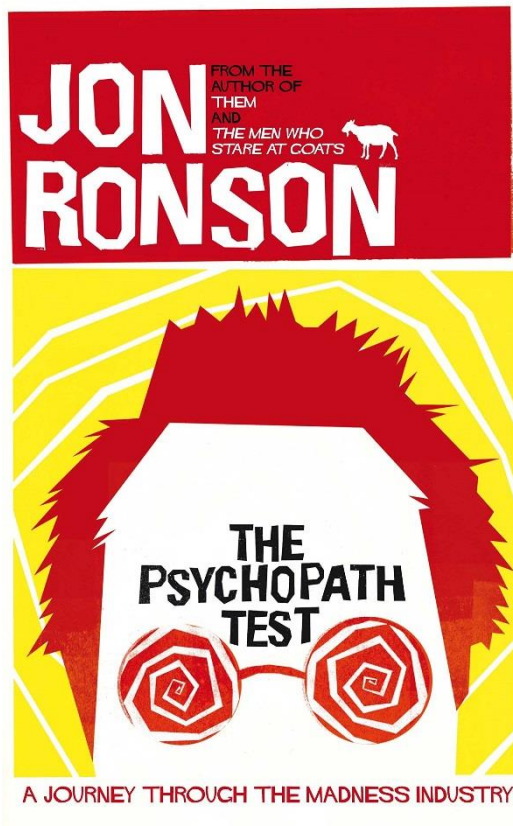
The memory illusion



Author:	Julia Shaw
What's it about?	Problems with memory, particularly eyewitness testimony
What topics is it useful for?	Memory, Research Methods
Difficulty level:	***
Rating:	*****



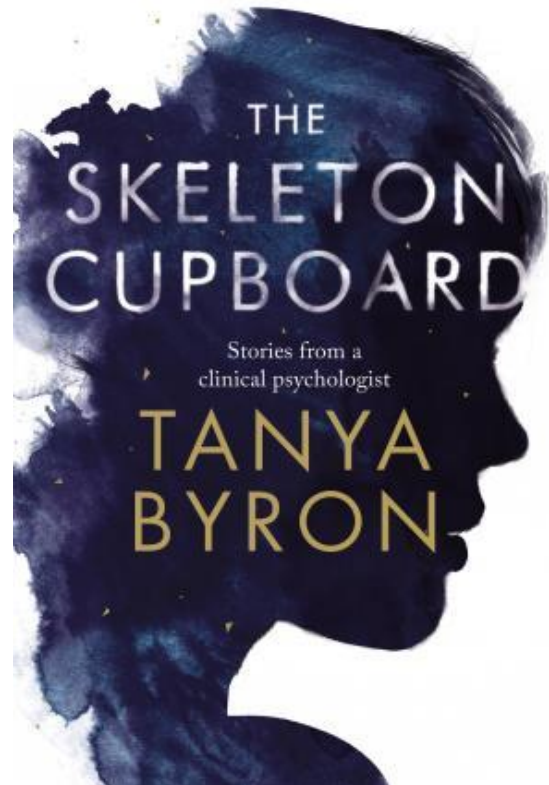
The Psychopath Test



Author:	Jon Ronson
What's it about?	A journalist's investigation into what makes someone a psychopath
What topics is it useful for?	Psychopathology, Research Methods, Issues and debates
Difficulty level:	***
Rating:	*****



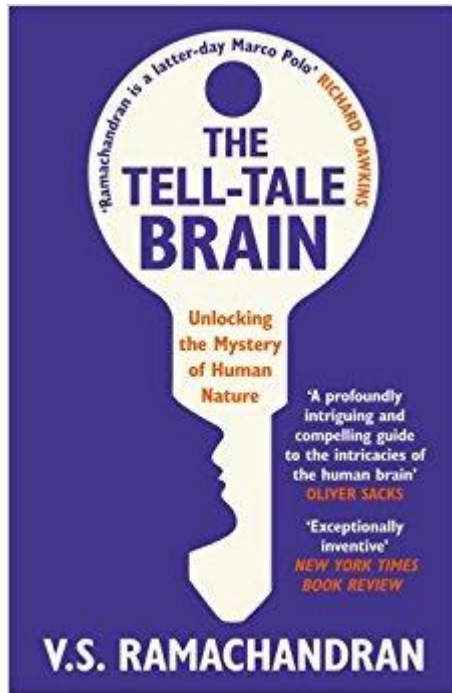
The skeleton cupboard



Author:	Tanya Byron
What's it about?	A collection of stories from the early career of a clinical psychologist
What topics is it useful for?	Psychopathology, Schizophrenia
Difficulty level:	**
Rating:	****



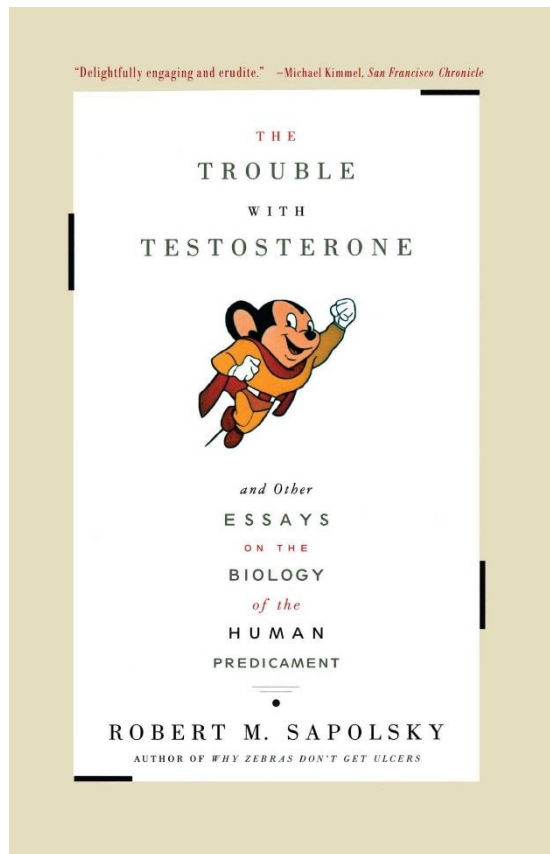
The tell-tale brain



Author:	V.S. Ramachandran
What's it about?	The way the brain perceives the world
What topics is it useful for?	Biopsychology, Research Methods
Difficulty level:	*****
Rating:	***



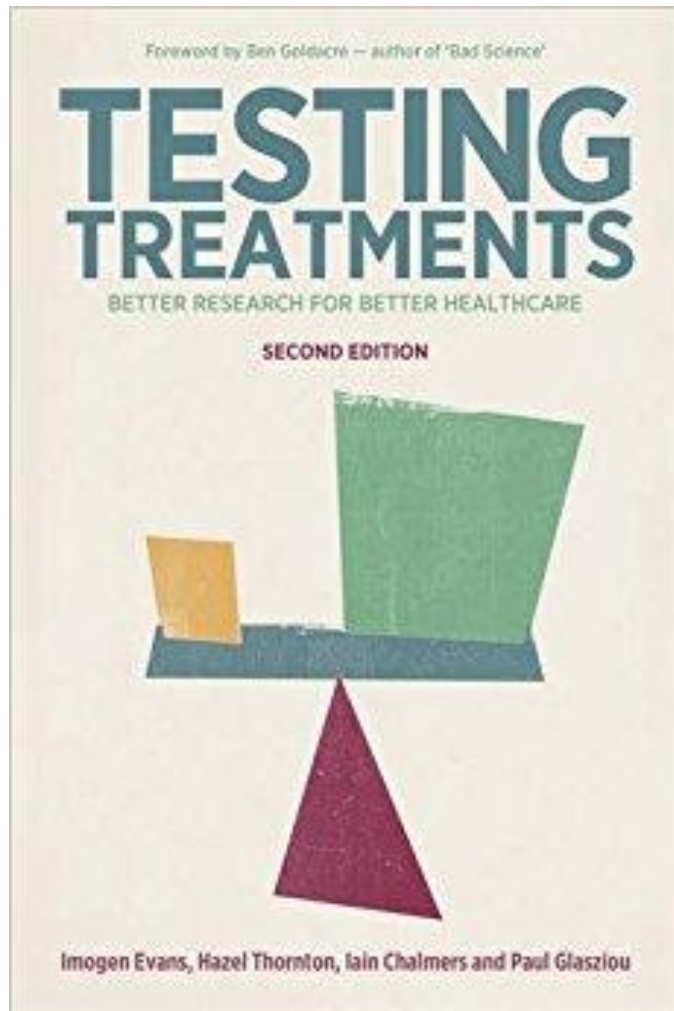
The trouble with testosterone



Author:	Robert Sapolski
What's it about?	The effect of testosterone on human behaviour, namely aggression
What topics is it useful for?	Aggression, Biopsychology, Approaches
Difficulty level:	****
Rating:	***



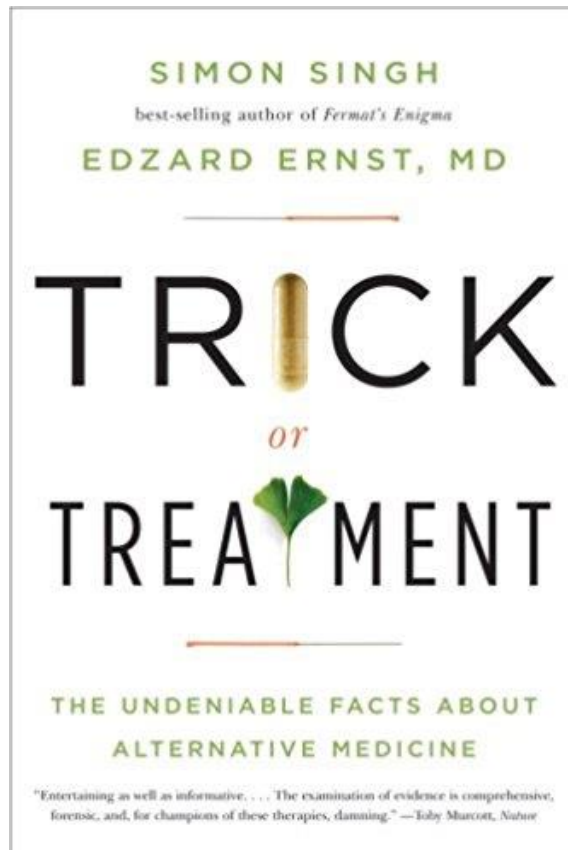
Testing Treatments



Author:	Imogen Evans
What's it about?	How to do research properly
What topics is it useful for?	Research Methods, Psychopathology, Schizophrenia
Difficulty level:	*****
Rating:	****



Trick or treatment?



Author:	Simon Singh and Edzard Ernst
What's it about?	Bogus science and how to detect it
What topics is it useful for?	Research Methods, Psychopathology, Schizophrenia
Difficulty level:	****
Rating:	****

