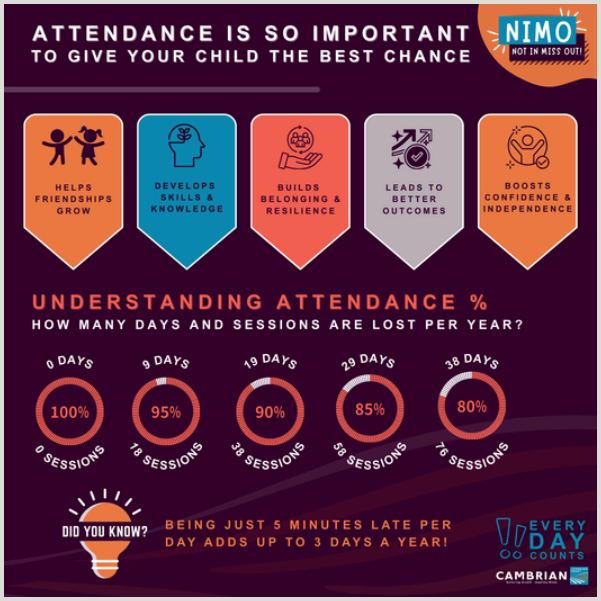
CAMBRIAN
Nurturing Growth - Inspiring Minds

INSIDE Inclusion

AUTUMN 1 NEWSLETTER



ATTENDANCE

BE PRESENT - EVERY DAY COUNTS BECAUSE EVERY CHILD COUNTS

Cambrian Learning Trust schools believe that children thrive when they feel they belong, are valued and know that they matter. Coming to school regularly helps children build strong relationships with trusted adults and friends, feel part of their class and wider school community, and develop the confidence to learn and succeed.

When attendance drops, children can miss more than learning. They can miss opportunities to connect with peers, take part in special experiences and strengthen the sense of belonging & mattering which helps them flourish.

Our attendance work is therefore about much more than percentages. It is about ensuring every child:

- Feels welcomed and noticed each day
- Has a trusted adult who knows and understands them
- Builds positive friendships and connections
- Accesses learning consistently
- Feels a valued member of each school community

We know that families sometimes face challenges that can affect attendance. If you are experiencing difficulties, please talk to us. We want to work alongside you to understand barriers and find ways to support your child to attend, belong & matter and succeed.

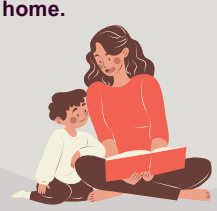
> **Children attend best when they feel they belong, and every child deserves to know that they matter.**

TIPS FOR PARENTS

SEND

HOW TO SUPPORT A CHILD WITH DYSLEXIA

- Read together for a short time each day and talk about what you have read.
- If your child makes a mistake, say the word without comment to keep the flow going - you can discuss the difficult words afterwards.
- Echo reading - you read a short section of text then your child reads it to you.
- If a book is too hard then read as a 'pair'. If a child makes mistakes with more than 1 or 2 words in every 10 words, the book is likely to be too challenging for them to read fluently.
- Explore technology like Reading pens, screen-reading on computer, eReader, tablets and audiobooks.
- Choose reading topics that your child enjoys - both stories and non-fiction books.
- Look for chances to read together outside of books: in shops, on signs, menus or packaging at home.



For more information on how to support your child visit the British Dyslexia website or contact their helpline by phone or email.

British Dyslexia Association

www.bdadyslexia.org.uk/resources

0333 405 4567

helpline@bdadyslexia.org.uk

CAMBRIAN
Nurturing Growth - Inspiring Minds
LEARNING TRUST

AUTUMN 1 NEWSLETTER

SAFEGUARDING

Children's online lives continue to form a significant part of their everyday experiences. We would encourage families to:

- **Check privacy settings and parental controls regularly**
- **Know which apps and games their child is accessing**
- **Talk openly about online friendships and communication**
- **Encourage children to tell a trusted adult if something online makes them feel worried or uncomfortable**



ANTI-BULLYING WEEK

THEME: "Break the Silence" - focusing on why people stay quiet during bullying and how to speak up safely

ORGANISERS: Coordinated by the Anti-Bullying Alliance in England, Wales, and Northern Ireland

ODD SOCKS DAY: Kicks off the week on Monday 16th November encouraging children and adults to wear odd socks to celebrate individuality and uniqueness

SCHOOLS' SCOOP

SCARF

In October, children in Years 4, 5 and 6 at Wantage CE Primary School took part in Health and Wellbeing workshops delivered by the SCARF PSHE team. The sessions provided valuable opportunities for pupils to explore ways to look after their physical and emotional health, build positive relationships and develop resilience.

MENTAL HEALTH AND EMOTIONAL WELLBEING

It is normal for children and young people to experience worries or challenges from time to time. Please speak with school if you have concerns about your child's emotional wellbeing.

LOCAL SUPPORT IN OXFORDSHIRE:

CAMHS Child and Adolescent Mental Health Service	Child and Adolescent Mental Health Services. NHS support for young people with emotional or mental health difficulties
childline ONLINE, ON THE PHONE, ANYTIME	Free support for anyone under 19. Call 0800 1111 or chat online
oxfordshire youth	Mental health support, youth groups and wellbeing workshops
YOUNGMINDS	Advice, guides and a crisis textline (Text YM to 85258)
Oxfordshire Mind for better mental health	Local mental health charity offering support groups and advice
therapy comics	Comics that explain mental health and coping skills in a fun way

Watch this video: See how talking about your feelings can help